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THE ULYSSES TRUST

# Winter 2017 Newsletter

SINCE 1992 WE HAVE SUPPORTED OVER 34,000 CADETS AND RESERVISTS TO UNDERTAKE EXPEDITIONS AND ADVENTUROUS TRAINING THROUGHOUT THE WORLD.

## New Recruits Join the Ulysses Trust

The Ulysses Trust team continues to grow. We have recently been joined by a new Vice Patron, two new ambassadors and another member of staff.

### VISCOUNT CHELSEA

The Trust is very pleased to welcome Viscount Chelsea as a Vice Patron of the Charity.



Viscount Chelsea has a military background having completed regular service with the RAF Regiment and is currently a British Army Reservist. He is keen to engage with those benefitting from the Trust's support and said, "I am delighted to join the Ulysses Trust as a Vice Patron. The Trust plays a vital role in enabling young cadets and reservists to take on challenging and adventurous activities overseas. It is a privilege to join such a well-respected charity that provides so many exciting and character-building opportunities to so many young people."

### TANIA NOAKES

Regular readers may remember Tania Noakes as she has featured in several previous editions of our newsletter. Tania has been involved in several Ulysses Trust funded expeditions, including two award-winning exercises; Alpine Arc and Blue Patrouilles des Glacier 2014. Tania is a former GB Team cross country ski-racer and one of only eight female British IFMGA Mountain Guides.



Tania has now joined the Trust as an ambassador and is getting ready for her next expedition to help raise funds for the Ulysses Trust's 25th Anniversary Appeal (see right).

Thank you very much Tania!

## EX ICE MAIDEN

As you read this newsletter, and after two years of planning and several preparatory exercises, expedition Ice Maiden (supported by the Ulysses Trust) is finally underway.

A team of six British women (four regular Army and two reservists) is aiming to become the first all-female team to ski coast-to-coast across Antarctica. Follow their progress via our website: [www.ulysses-trust.co.uk](http://www.ulysses-trust.co.uk)



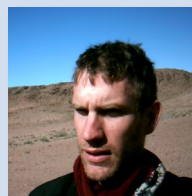
### LEVISON WOOD

Levison Wood is a British explorer whose work has featured around the world. You may recognise Lev from his recent appearances on Channel 4 TV presenting adventure documentaries. He has previously served as an officer in the Parachute Regiment where he spent four years in Afghanistan. Currently, he is circumnavigating the Arabian peninsula for an upcoming documentary series. After leaving the army he took up a career in journalism and photography, and has become a bestselling author. He has extensive experience in travel and exploration in over 80 countries and in 2011 was made a Fellow of the Royal Geographical Society. His rising popularity, travel experiences and growing public profile make him an inspiration to our beneficiaries.



### PAUL RANDALL

Our final recruit is Paul Randall who joined the Trust in November as our Communications and Marketing Officer. Before having a family, Paul embarked on several solo adventure motorcycling trips. Here he lived on the track whilst wild camping. He negotiated off-road routes through Russia, the Baltics and Morocco.



Paul has extensive communications and marketing experience within the charitable sector and has worked for the BBC and commercial radio in award-winning teams. Paul said, "It's a real privilege to be appointed to such an exciting role. I am inspired by the huge number of challenging expeditions that the Trust has assisted over the past 25 years."

## 25<sup>th</sup> Anniversary

As part of our 25th anniversary celebrations the Ulysses Trust is launching an appeal to raise £1.5m by the end of 2021 to significantly increase the amount of support

we can give to cadet expeditions. Our ambassador, Tania Noakes, is embarking on an expedition to raise funds for the appeal. Tania will ski the classic Norge På Langs, or 'Norway from end to end' in January 2018. A journey of over 2500km from the southern tip of Norway, Lindesnes to the most northerly point, Nordkapp. Please support the Ulysses Trust by making a donation via Tania's MyDonate webpage. All monies raised will be donated to the Ulysses Trust. Donate at: <https://mydonate.bt.com/fundraisers/tanianoakes1>



# Chairman's Comment

Well, we have reached our silver anniversary – the Trust has undertaken 25 years of operations. In that time we have raised over £2.8 Million to support more than 34,000 individuals on some 2,650 expeditions. These are not small numbers in anyone's book! It is entirely appropriate to recognize those involved in Exercise DARC STAR, a Reserves' attempt to climb Everest in winter in 1992/3; this expedition inspired the formation of the Charity in 1992.

A number of those individuals involved in the expedition, its support and its patronage are still involved in the Charity today – Rod Stables, Phil Neame, Ian Hannam and, of course, our Patron, HRH The Prince of Wales. On behalf of all those who have benefitted from the Charity, please accept a massive thank you for your far-sighted appreciation that has resulted in literally thousands of individuals benefitting from the Charity's support.

A lot has happened in the last six months and I am very grateful for the team's assistance in helping to drive matters forward. We are now trialling the outcome measurement survey and the initial results look very promising. The Charity is making a significant impact with its support.

Next, as you will have read elsewhere in the Newsletter, we now have two Ambassadors for the Charity – a big welcome to Tania Noakes (who is no stranger to the Trust) and Levison Wood. Both individuals demonstrate in no small measure the qualities we are seeking to develop in our beneficiaries – leadership, teamwork, confidence, initiative, self-discipline and judgement.

The last significant initiative during the last six months is that we have been exploring how we can further encourage Volunteer Reserve and Cadet Force expeditions through alliances with other organisations and I hope to update you on this in due course.



The Chairman on a Trust-supported expedition. The British Services' Makalu Expedition 2008

To all those who have supported the Charity during its existence, thank you for your engagement and your generous donations; please, please do keep supporting us. It would be quite remiss of me not to thank the large number of helpers, including Trustees, Officers and Advisors who have contributed to the running of the Trust over its 25 years of existence. Without you, the Trust would not be the thriving concern it is today.

Finally, I believe a toast is in order, raise your glasses ladies and gentlemen, 'The Ulysses Trust and its 25 years of outstandingly successful operations!'

AVM Nick Kurth CBE FRGS  
Chairman of Trustees

## Grant Applications

We welcome applications from all Reserve, UOTC and Cadet units seeking to undertake adventurous training. Guidance notes and our online grant application form are available on our website ([www.ulysses-trust.co.uk](http://www.ulysses-trust.co.uk)) which contains information relating to our grant eligibility criteria. While we try to keep the admin to a minimum, there are some points of which you should be aware before you submit your application. For those of you familiar with our grant application process, it would be worth revisiting this section of our site, as our criteria have recently changed.

## Expedition Reports

If your unit has been on an expedition that has been supported by the Ulysses Trust, it is important to remember to send us your expedition report. The report should be between 750 and 1000 words long, should be written in a journalistic style, and include enough high resolution photographs to illustrate what you have been doing. Not only will your report be published on our website, but if your report is good enough you could be featured in our newsletter or within other Trust publications. The best photographs could also go on to win one of our prestigious annual photography awards.

## Outcome Surveys

Alongside the expedition reports we are asking all units we support to complete a short outcome survey. Your responses to the survey will be considered as part of our regular review of performance measures and will assist us in the planning of our continued development.

## Social Media

You could help us considerably by encouraging all members of your unit to follow us on social media. Help us to spread the message about our support for adventurous training. We're on Twitter @ulysses-trust and you can find us on Facebook by searching for Ulysses Trust.

Thank you.

*£2.8 Million to support more than 34,000 individuals on some 2,650 expeditions. To all those who have supported the Charity during its existence, thank you for your engagement and your generous donations; please, please do keep supporting us.*





# Exercise Stirling Venturer 2017 - TS Stirling Sea Cadets



On 16<sup>th</sup> July 2017, 11 cadets and 3 Cadet Force Adult Volunteers from TS Stirling Sea Cadets in Birmingham set off for the adventure of a lifetime in the USA.



The group consisted of six senior cadets from the community side of TS Stirling and five, newly enrolled cadets from Tile Cross Academy. The school has recently joined the Cadet Expansion Programme and forms 'Forward Division' of TS Stirling with both Sea and Royal Marine cadets.

With bags packed and parents waved goodbye, the cadets boarded the plane at Manchester airport. Touching down in the USA, they went on to join 300 American cadets from 19 high schools in New England to take part in a five-day Junior Cadet Leadership Challenge (JCLC).

None of the British cadets had been to the USA before and they come from one of the most disadvantaged areas of the UK. However, with the support of the Ulysses Trust, Pupil Premium Funding, and the contribution of funds from TS Stirling, no cadet was excluded on the basis of parental income.

## TALL SHIPS VISIT

On arriving in Boston the first task for all the cadets was to prepare their uniform for the following day to take part in the opening ceremony for Sail Boston – the Tall Ships visit. The cadets looked very smart in their No.1s as they joined their American counterparts who were dressed in their summer 'whites'.

Two days later the cadets headed to Fort Devens to take part in the Junior Cadet Leadership Challenge. This involved the companies rotating through three different activities over three days. These were:

- Civilian Marksmanship (air rifle shooting)
- Leadership Reaction Course (command tasks/ personal leadership tasks) and the rappelling tower (abseiling)
- Watermanship and leadership games (kayaking, raft building, canoeing, flotation packs)

## ESPRIT DE CORPS

The cadets were quickly split up from their school mates and friendship groups. However, the company staff soon set about building an 'esprit de corps' and a unique identity for each company. This helped forge new friendships and break down barriers.

Throughout the week cadets were given command appointments from Company Commander down. They were assessed on, and expected to self-assess, their performance using the criteria used by the University Officer Training Corps programme.

The expedition was a huge success on many levels. It helped forge strong links between TS Stirling and the new cadets in Forward Division.



Also, it gave the new cadets a unique opportunity to experience military life for seven days with six senior cadets acting as role models. Needless to say, all the cadets gained enormously from their experience which improved their self-confidence, personal and social skills.

In addition, lasting partnerships have been forged with the US Navy Sea Cadet Corps and the Commonwealth of Massachusetts Army League.

Read the full report at: [www.ulyssesrust.co.uk](http://www.ulyssesrust.co.uk)

## FACT FILE: CADET EXPANSION PROGRAMME



The Cadet Expansion Programme is a Government initiative that aims to:

- Promote military ethos in schools
- Instil values in young people that will help them get the most out of their lives
- Enable young people to contribute to their communities and country

This means pupils developing qualities such as self-discipline, loyalty and respect, strong leadership, teamwork and resilience which will help them achieve excellence and shape their own future.

The programme aims to create 500 Combined Cadet Force units by 2020. Ensuring that as many pupils from a state school have the chance to experience the life-enriching activities of military cadets as part of school life - this mirrors the military activity offered in many of the best independent schools in the country.

*"When I started on the JCLC I was so scared and homesick I wanted to go home and was crying all the time. When it finished I didn't want to go home and was crying at having to say goodbye to all my new friends. I have learnt so much. It was the best experience of my life so far".*

Cadet Hannah Jay, SCC (Forward Division)

# Exercise Khumbu Commando—RM Reserve Merseyside



14 reservists travelled to Nepal to trek for 23 continuous days over the region's three highest passes deemed 'high risk' and 'remote'. What could possibly go wrong?



## PAINSTAKING PREPARATION

Exercise Khumbu Commando was the only authorised Royal Navy / Royal Marines expedition to the Himalayas in 2017. The plan was for 14 reservists to travel to the Everest (Khumbu) region of Nepal to trek for 23 days over the region's three highest alpine passes (Renjo La, Cho La, Kongma La), culminating in an attempt to ascend Imja Tse (Island Peak) at 6189m.

After a meticulous selection process and training weekends in Snowdonia, a team was selected, representing a wide range of ranks, age and military and mountaineering experience.

After arriving in Kathmandu for a few days orientation, the group set-off to Lukla to begin the trek. The exercise began with several days of mountain trekking for the group to become acclimatised to the high altitude. Even as temperatures dropped to -18, they felt strong as they arrived in Lumde at just below 5000m.

The 14 reservists were now fully prepared and ready to begin their adventure.

Seven members of the high altitude team left Lumde in the early hours to cross the Renjo La Pass. The remainder stayed in Lumde to act as support. The group ascended the narrow rocky mountain paths guided by the moonlight. As the sun rose above the distant peaks the temperature began to rise alongside their spirits as they arrived at the final lake before the pass headwall. Their reward for climbing the final 400m was a spectacular panoramic view of Everest and its surrounding peaks.

After summiting the ridge at 5405m and taking the obligatory team photos, they began their descent to the nearby Gokyo village. The route took them down a steep path leading to a frozen tarn that crossed their path.

Lt Peris Roberts and CSgt Chris Marlow checked conditions. It looked good, so the team donned crampons and proceeded across the ice. As Arctic-trained commandos and keen winter mountaineers all the team were experienced ice-crampon users.

## DISASTER STRIKES

Then disaster struck. Maj Dave Hartley was progressing well when suddenly his foot went through the ice causing him to momentarily lose his balance and fall sideways. As he fell and slid down the run off, the rest of the team could only watch in horror as he slipped down the mountainside before stopping against a pile of rocks embedded in the ice.

Then Lt Roberts had the same misfortune. He followed the same route as Maj Hartley's and ricocheted into him, taking both of them over the edge and out of sight.

Seconds passed as the remaining five group members absorbed what they'd just witnessed...

CSgt Marlow immediately took charge, directing the group to a safe path which followed the ice flow all the way down to the lake below. From here they raced down to search for their colleagues.

300m below they found Maj Hartley who had managed to grab hold of a pile of rocks and was perched precariously against them. Lt Roberts was some 25m below in a similar position. The team quickly deployed the ropes and rescued their colleagues from the ice and immediately delivered first aid. Both of them were seriously injured, but alive!

With suspected broken bones and severe bleeding, a helicopter rescue seemed the only option. But conditions prevented the team from making contact with the helicopter base. So two of the party were dispatched to the nearby village to raise the alarm. On arrival they managed to contact the rescue centre, only to hear that poor weather conditions meant the helicopter was grounded. The pair 'borrowed' a ladder from the village and swiftly returned to the accident site. The ladder was soon transformed into a makeshift stretcher to take Maj Hartley (who was the most badly injured) back to the village for treatment. Then, the duo returned to the accident site to collect the remaining casualty. However it soon became apparent that another trip in the dark would be too risky. So they all bivvied down for the night whilst making regular checks that the casualty was OK.

Around 9am the next morning the group heard the reassuring sound of a distant helicopter as it arrived to rescue both casualties who were then evacuated to safety. They are now back in the UK and recovering well (and competing over who has the most significant injuries!)

Even though the team didn't complete their journey as planned, they gained a tremendous amount from the expedition. The challenges they faced were unlike any they had seen before.

Read the full report at: [www.ulyssesstrust.co.uk](http://www.ulyssesstrust.co.uk)



*"The challenges we faced were unlike any before and coming through it as a team, working together in those conditions and pushing ourselves to the limit was incredibly rewarding."*



# Exercise Arctic Express— London UOTC



On the 21st May 2017 a fifteen-strong crew, began a two-week exercise on board Yacht 'Adventure'. After a slow start things started getting interesting...



The aim of Ex Arctic Express was to challenge participants in a demanding environment and to develop their individual, and team skills. The journey was broken into three phases to enable the crew (many of whom were novice sailors) to become familiar with the vessel and gradually increase their sailing skills.

## P1: OBAN TO STORNAWAY

Phase 1 proved to be the busiest, and physically hardest, part of the trip. The crew had to learn how to work the boat as well as adjust to living and working within its confines. They split into three watches over a 24 hour period. Each watch would take turns to undertake the various tasks necessary to keep things shipshape whilst the others prepared meals or rested.

By the end of the first day, after eight hours of winching, grinding, and hauling the crew were physically relieved to see the bright and colourful houses adorning Tobermory's sea front slip into view.

After a good night's sleep the following day's sail to Loch Harport was similarly exerting. Practice after practice, evolution after evolution, the miles slowly slipped away. After an overnight stopover, the crew set off early for Stornoway, some 60 miles to the north.

To capture the quiet majesty of their stunning surrounding Sgt Ryan took the opportunity to capture the scenery on his Phantom drone. Having taken off from the open deck, the drone was no more than six inches in the air before it caught a line, flipped upside down, and dived over the rail into the Loch, never to be seen again.

Putting this mishap aside, the team travelled through dense sea fog and without any wind to aid their passage they resorted to motor sailing the final leg to Stornoway.

## P2: STORNAWAY TO FAROES

After cleaning the boat and exploring Stornoway the crew slipped out into the North Atlantic heading for the Faroe Islands. Without a breath of wind they slowly crept north using the boat's engine. Apart from occasional sail alterations or minor course corrections, the hours crawled by. Being so far north it never actually got dark. "Our bodies became confused and increasingly more tired, unsure whether they were supposed to be awake or asleep."

Eventually in the early hours of the third day at sea, the dark shadow of the Faroe Islands loomed on the horizon. Having been at sea for three days the crew were keen to get ashore and enjoy a short stop-over in Torshaven.

## P3: FAROES TO REYKJAVIK

On leaving the Faroes the wind finally began to improve, filling the sails with strengthening resolve. Propelling the team along with a renewed sense of urgency, the boat lurched and thumped against the restless sea.

"Any doubts we had as to the power of the North Atlantic quickly vanished. The beast had awoken and it made it very clear who was in charge. Yacht Adventure is a very capable boat and has endured much worse than this, but as the waves towered over us, breaking around us like swarms of giant angry wasps, we felt like a child's toy at bath time. This was Adventurous Training. This is what we had signed up for."

The two day passage to the island fishing port of Vestmannaeyjar passed in a blur. Everyone had exciting stories to tell when they finally ventured ashore. Sail changes in the dead of night. Waves crashing over the bow, swamping the deck. Crew members engulfed in icy waters. But they all shared one tale: how little sleep they had achieved given the boat's persistent pitching and crashing as it fought the rough seas.

As the crew took the opportunity to relax in the local swimming pool, enjoying the hot thermal pools, water slides, and showers, little did they know what was waiting for them during the final leg.

The wind was steadily increasing and during the final 24 hours of sailing from Vestmannaeyjar to Reykjavik they were to encounter a 'near gale' Force 7 wind.

Having left the refuge of the port, turning north-north east for the final run home, even hoisting the sails became immensely challenging. It was clear to all that they were in for a rough ride. All through the night the 'On Watch' were required to change sails and reef the main several times – no easy task in heavy seas. But the crew did well, with training from Phase 1 now paying off, and the time taken to complete each evolution dramatically reduced. "It truly was a memorable experience: real adventurous training."

Once safely in Reykjavik the crew began to unwind, rest and clean-up the boat. The expedition was acknowledged by all crew members to be a resounding success.

Read the full report at: [www.ulyssesstrust.co.uk](http://www.ulyssesstrust.co.uk)



*"The beast had awoken and it made it very clear who was in charge. Yacht Adventure is a very capable boat and has endured much worse than this, but as the waves towered over us, breaking around us like swarms of giant angry wasps, we felt like a child's toy at bath time. This was Adventurous Training. This is what we had signed up for."*

LCpl Ben Spurway, Watch Leader

# Prince of Wales's Expeditionary Awards 2017



*This year saw the second Prince of Wales's Expeditionary Awards presented to the best expeditions that took place throughout 2016.*

Each year the Ulysses Trust presents awards for the best expeditions in the following categories – Volunteer Reserve Forces, University Units and Cadet Forces to highlight the very best in leadership, challenge, courage and planning. The expeditions for the Ulysses Trust 2017 Awards have been selected using the award guidelines, which include the key objectives of the Ulysses Trust, specifically that expeditions we support should:

1. Enhance unit and force morale, recruitment, retention and public esteem.
2. Help develop the characteristics of leadership, teamwork, confidence, initiative, self-discipline and judgment of their individual members.
3. Contribute to society at large.

Here are the winners:

## CADET CATEGORY

Exercise Yukon Adventure was a demanding expedition which saw eight cadets and four staff from the Sussex Air Cadet Wing spend ten days canoeing 369Km down the Yukon. This self-sufficient paddle was two years in the planning, with a 12 month+ training period. Fundraising was undertaken by the cadets which helped to teach them the importance of budgets. The themes of the expedition were both educational as well as physical, in an environment that allowed the members to develop their skills of teamwork, communication, leadership, & self-confidence.

The award was presented by HM Lord Lieutenant of East Sussex – Peter Field (pictured below, centre) at a special awards event held at the Long Furlong Barn in Worthing, organised by the South East RFCA. The expedition leader, Flt Lt Dave Hill, graciously shunned the limelight by asking two of the participating cadets (pictured below) to accept the trophy. In his speech, the Lord Lieutenant stressed the importance of the cadet forces and asked those with any influence to promote the cause.



## VOLUNTEER RESERVE

Captain Pete Andrews (above, left) from 3<sup>rd</sup> Battalion The Royal Welsh received the Prince of Wales's Best Expedition Award for a Reserve Unit. The award was presented by Lieutenant General (Retired) Sir Simon Mayall KBE CB (pictured above, right) on behalf of the Ulysses Trust at a special black-tie event held at the Hilton Hotel in Cardiff.

Exercise Dragon SISIMIUT was a gruelling nine day unsupported expedition. Reservists took on the challenge of each carrying 22kg of kit whilst trekking a total of 165km across the Arctic Circle Trail in Greenland. It called for considerable fitness, stamina, self-reliance and teamwork, demonstrating the enhanced skillset and capabilities of reservists.

At the end of the expedition they were trail hardened. They had all learnt a lot about teamwork, self-reliance, personal administration and navigation and consequently the expedition was a success.

Colonel Rex Stephenson CBE attended the event on behalf of the Trust and explained why the trek stood out as an award winner: "The expedition achieved its aims admirably. This was a very special opportunity for reserve soldiers to undertake under challenging conditions and in a unique setting."

## UNIVERSITY UNIT CATEGORY

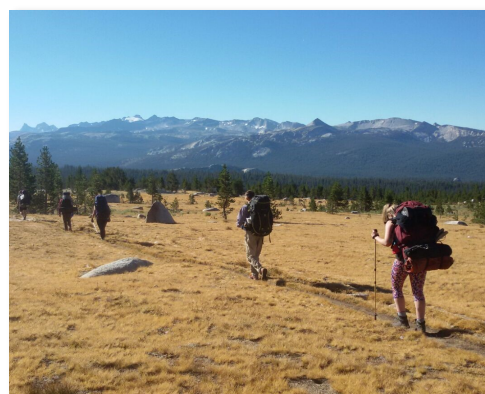
Exercise Northern Bear 16 was a nine-day summer mountaineering expedition to the Sierra Nevada Mountains in Yosemite National Park, California, USA.

A group of 23 Officer cadets (from Northumbrian University Officer Training Corps), subalterns and army mountaineering instructors undertook the trek, with 11 of the participants gaining the Summer Mountaineering Foundation qualification. The three sub groups planned their own routes, covering between 6 - 14 miles a day, up to an elevation of over 3000m.

By the time the members of the expedition had reached the end of their trails they were all fitter and more self-confident. They had all learnt a lot about the characteristics that the Trust's support helps to develop as well as personal administration, navigation, planning and preparation.

In so doing, Exercise Northern Bear 16 met the high standards of the Ulysses Trust and is deemed a worthy winner of the Prince of Wales's University Unit Best Expedition Award 2016.

Read the full reports for all three expeditions in the 'expedition reports' section of our website at: [www.ulyssesrust.co.uk](http://www.ulyssesrust.co.uk)



*"By the time the expedition reached the end of the trail they were sun-tanned, grubby, and smelly, but also fitter, trail hardened and proud of their achievement."*

Colonel Rex Stephenson CBE, Ulysses Trust Trustee



# News

## 25<sup>TH</sup> ANNIVERSARY APPEAL



### THE ULYSSES TRUST

As part of our 25th Anniversary celebrations, we are launching an Anniversary Appeal to raise £1.5m by the end of 2021 with the objectives of:

- Doubling cadet participation and funding more expeditions.
- Increasing the amount of support we can give to expeditions to reduce each cadet's contribution.
- Reaching out to disadvantaged youth in the UK's inner cities ensuring that cost should never prevent any cadet from being part of an expedition.

We really do need your support. To discuss how you can help make a difference to the lives and prospects of 2500 young people each year (many from challenging backgrounds) please contact Brenda Allanson on 07967 481 877 or email [brenda.allanson@ulyssesrust.co.uk](mailto:brenda.allanson@ulyssesrust.co.uk)

## TRUSTEE AWARDED MBE



Our founder and Deputy Chairman, Philip Neame (pictured above, left), was awarded an MBE in the 2017 Queen's Birthday Honours List for Voluntary Service to Reserve Forces and Cadets.

Phil founded the Ulysses Trust on the back of a winter Everest attempt in 1992 and has been involved ever since.

## SPEAR17 SUCCESS

Huge congratulations are due to the SPEAR17 team who have successfully crossed the finish line of their epic trek becoming part of a very exclusive band of brothers. To put it another way, more people have walked on the Moon than have achieved the remarkable feat of trekking unsupported across 1100 miles of the most inhospitable terrain on the planet.

The team crossed Antarctica, unsupported, pulling pulks weighing up to 160Kgs containing everything they would need to survive their three-month ordeal. Over a year of enhanced training paid off, and reaching the South Pole on Christmas Day was perfect timing.

After the briefest of pauses to resupply their equipment, the team continued onwards taking on the might of the Titan Dome, down the Shackleton Glacier and onto the Ross Ice Shelf to complete a full traverse of Antarctica.

Despite everything they were faced with (including temperatures as low as -60 degrees Centigrade forcing them to retreat to their tents as the deadly storm raged around them) they crossed the finish line ahead of schedule and entered the annals of history.

The Ulysses Trust are very proud to be a major sponsor of this expedition, which firmly reinforces the values of the Trust and emphasises our values to the core. Supporting expeditions such as this not only demonstrates the far-reaching scope of our support for Cadet, UOTC and Reservist expeditions, but will also serve to inspire future generations.

This was a superb achievement by an army reservist team, firmly reinforcing the great exploring tradition of our nation, and demonstrating the calibre of the UK's reserve forces.

Read the full expedition report at: [www.ulyssesrust.co.uk](http://www.ulyssesrust.co.uk)



# Obituaries

## MAJ GEN CHRISTOPHER TYLER

We were saddened to note the death of Major General Christopher Tyler in April this year, aged 82. Chris Tyler was a founding trustee of the Ulysses Trust. He was commissioned into the Royal Electrical and Mechanical Engineers (REME) and did a number of tours with airborne forces, including command of the Para Logistic Regiment. He was also a top-level rugby referee.



On retiring from the Army in 1989, Chris Tyler was appointed Resident Governor of the Tower of London. It was whilst in this capacity that he agreed to become a trustee of the Ulysses Trust in 1992, providing valuable support and advice in the mounting of the first expedition that the Trust helped to finance – the Territorial Army attempt at a first British winter ascent of Everest.

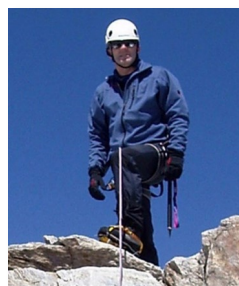
His appointment as a trustee also lent vital credibility to the Trust in its early challenging years, whilst the hospitality he was able to offer in the Tower for trustee meetings and other fundraising events was also much appreciated by his fellow trustees.

Our condolences to his widow and three daughters.

## LT COL SIMON HALL OBE RM

The Trust expresses its condolences to Gill Hall, the wife of Lt Col Simon Hall OBE RM, who passed away recently.

Simon died of cancer aged 57.



Simon was a keen mountaineer, having commanded the Joint Services' Mountain Training Centre, and reached the summit of many 4000M peaks with the Charity's Chairman, AVM Nick Kurth.

Significantly, Simon led a UK Reserve Forces Seven-summits team and this extremely successful enterprise was supported by the Ulysses Trust.

His exemplary service to his country was acknowledged by the award of an OBE in 2004 following in the footsteps of his father and grandfather who held similar awards.

# Support the Ulysses Trust

They say time flies when you are enjoying yourself and that is certainly the case for me at the Ulysses Trust. It's hard to believe that it's eleven months since I joined the Trust in January this year.

Although I was aware of the benefits that adventurous training offers to young people it was not until I started reading expedition reports that I fully understood quite how far-reaching and life-changing those benefits can be.

## CADET QUOTES

*"It was going to be one of the most exciting things I have ever done, or ever will do."*

*"The views, spirit of the group and warmth of the local guides were truly once in a lifetime experiences."*

*"Our week in Kenya presented the team with a significant physical challenge and an opportunity to step out of our comfort zones. Following many months of training and preparation for this difficult climb, we all returned to England with a great sense of pride and accomplishment."*

I could fill this page and more with similar quotes from the reservists and cadets who have benefitted from the financial support of the Ulysses Trust.



The often life-changing experiences that participation in adventurous training provides explain why, in this 25<sup>th</sup> Anniversary year, we want to bring about a step-change in our fundraising so that we can offer greater support to a larger number of expeditions and bring those experiences within the grasp of even more young people.

Below you will find suggestions for a number of ways in which you can support our fundraising, either personally or through contacts you may have. If you would like to have a chat about any of them please contact me.

Brenda Allanson  
Development Director

*"It's amazing that the cadets have the ability to adapt and mature, overcoming physical and mental barriers to achieve their goal."*

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## SUPPORT US TODAY!



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- ✓ Join the Give As You Live Scheme

## GIFT AID



Have you thought of including a gift to the Ulysses Trust in your will? Legacies are the single biggest source of voluntary income to charities and non-profit organisations in the UK, where they account for over £2bn each year. They are a wonderful way of helping to ensure that the work of a charity you love is able to continue.

## GRANT-MAKING TRUSTS



Trusts and foundations are a major source of funding for the Ulysses Trust and we would love to hear from you if you have any connections with grant-making trusts.