

A

- **abseil:** reach new heights with an abseiling challenge
- **arm wrestling contest:** see who's crowned the arm wrestling champion
- **auction:** encourage local businesses to donate items to be auctioned off

B

- **bake sale:** get your local community baking to sell some delicious treats
- **bbq:** fire up the grill for a charity BBQ day with friends or neighbours
- **birthday giving:** ask your loved ones to donate instead of buying you gifts
- **book sale:** raise money through your community selling unwanted books

C

- **car wash:** help shine up local cars in a community car wash event
- **cocktail night:** mix up your favourite drinks in a charity cocktail evening
- **coffee morning:** get together and enjoy a cuppa while raising money
- **cycling:** get sponsored to hop on your bike for a charity cycle

D

- **darts contest:** take aim to see who lands the bullseye in a round of darts
- **dinner party:** pick a theme and host your own charity dinner party

E

- **eBay:** sell any unwanted items you have lying around on eBay
- **Etsy:** use your crafting skills to sell your awesome creations on Etsy
- **exercise marathon:** hold a daylong event to see who can go the distance

F

- **Facebook fundraising:** use Facebook fundraising tools on your social media posts
- **fancy dress day:** hold a fancy dress day at school or work for a donation
- **film night:** host your own film night, you can even get creative with themes
- **football match:** see who will score the winning goals in a charity game

G

- **games night:** get competitive in a board games or video games night
- **give something up:** get sponsored giving up something you love
- **golf day:** get outside and take to the green in a charity golf day event
- **grow a beard:** let it all grow out while raising money for charity
- **guess how many:** challenge people to guess how many items are in a jar

H

- **head shave:** shave all your hair off for some sponsorship money
- **hiking:** take a sponsored hike and see how long you can trek for
- **homebrewing:** try your hand at some homebrewing and sell your drinks
- **hour of earnings:** challenge your colleagues to donate an hour of their pay

I

- **iron man/woman challenge:** hold an iron man/woman event and see who can tough it out
- **It's a Knockout:** have some fun with an It's a Knockout event

J

- **jigsaw puzzle marathon:** see who can complete the most puzzles fastest
- **jumble sale:** see what old or unwanted items you have lying around to sell

K

- **kayaking:** take to the water to see who wins a charity kayak race
- **keepy uppy contest:** who will keep the ball up in the air the longest?
- **kick a habit:** challenge yourself to break a bad habit while raising money

L

- **Las Vegas night:** enjoy a glitzy Vegas casino themed evening
- **learn a new skill:** get sponsored to learn a useful new skill
- **lego contest:** see who can build the most impressive lego creation
- **litter pick:** raise money for cleaning up your local community
- **loose change collection:** ask people to donate any loose change they have

M

- **mobile free day:** challenge everyone to go without phones for a full day
- **mountain climb:** rise to the top with a mountain climb challenge
- **music concert:** hold your own local music event or battle of the bands

N

- **netball tournament:** take to the court for charity netball matches
- **night-time walk:** get sponsored to walk alone or with friends all night long

O

- **obstacle course:** see who can complete the obstacle course fastest
- **onion chopping challenge:** who can go the longest without shedding tears?

P

- **penalty shootout:** step up to the line for a penalty shootout tournament
- **plank / press up challenge:** see who has the strength to hold out the longest

Q

- **quad bike racing:** get the adrenaline pumping in a quad bike race
- **quickest time contests:** see who can complete a task the fastest
- **quiet hour:** challenge people to stay quiet for an hour, donate for every noise
- **quiz night:** test everyone's knowledge with a quiz night to raise money for charity

R

- **raffle:** hold a local raffle with donated prizes and see how much you can raise
- **rock climbing:** see who can reach the top in a rock climbing challenge
- **run:** test out your endurance by challenging yourself to do a sponsored charity run

S

- **sky dive:** take to the skies and get sponsored for a charity sky dive
- **sports day:** get nostalgic with a school sports day themed event
- **superhero party:** dress up as the person you consider your superhero

T

- **table tennis tournament:** see who edges out the competition at table tennis
- **talent contest:** give everyone the chance to show off their best talents
- **tombola:** run a local tombola with fun prizes to help raise money for charity
- **treasure hunt:** put together a treasure hunt around your town

U

- **ultimate frisbee:** take to your local park for an ultimate frisbee competition
- **unplug from tech:** get sponsored to completely switch off from tech for a day
- **upcycling:** transform old items into something new that you can then sell

V

- **video game competition:** discover who's the best when it comes to gaming

W

- **window cleaning:** offer to clean neighbourhood windows for a donation
- **world record attempt:** challenge people to try and break a world record

X, Y, Z

- **yoga marathon:** release the tension and stretch out your body for longer
- **yo-yo contest:** crack out your best yo-yo skills in a competition
- **zip wire:** soar through the sky as you take on a zip wire challenge